

# CORONA SUCKS.

Take care of yourself.  
Take care of each other.

Keep following the rules. We can do it.



VEILIGHEIDSREGIO  
GRONINGEN

# We can only take a step forward if we keep following these rules:



Maintain a 1.5 m  
distance from others.



Avoid busy  
places.



Cold-like symptoms?  
Stay at home and call  
0800-1202 to get tested.



Wash your hands  
frequently.



Cough and sneeze  
into your elbow.



Wear a face mask in  
public transport.

